



## **Biosketch**

### **Penny Kris-Etherton, PhD, RD**

Dr. Penny Kris-Etherton received her B.S. in Medical Dietetics with honors from the Rochester Institute of Technology in 1971 and her M.S. in Nutrition from Case Western Reserve University in 1973. She completed her Ph.D. in Human Nutrition from the University of Minnesota in 1978. Dr. Kris-Etherton was a Postdoctoral Research Fellow at Stanford University in lipid metabolism the Division of Gastroenterology from 1978 to 1979. In 1979, she became an Assistant Professor of Nutrition and ADA Plan IV Program Director at Pennsylvania State University. Dr. Kris-Etherton was promoted to Associate Professor in 1985 and Full Professor in 1989. She is currently Distinguished Professor of Nutrition.

The emphasis of Dr. Kris-Etherton's research program is on exploring how nutrients and other bioactive constituents affect established and emerging risk factors for cardiovascular disease. Dr. Kris-Etherton also has actively explored the health effects of fatty acids with emphasis on stearic acid, monounsaturated fatty acids and omega-3 fatty acids. Furthermore, throughout her career she has played a role in the widespread communication of nutrition messages to health professionals, government representatives, consumers and the media.

Dr. Kris-Etherton has published over 150 scientific papers, 10 book chapters and co-authored 4 books. Her research program has been funded by NIH, USDA and the private sector. She is the recipient of the Lederle Award for Human Nutrition Research awarded in 1991 by the American Society for Nutritional Sciences and in 1998 she was selected for the Foundation Award for Excellence in Research by the American Dietetic Association and became a Fellow in the American Heart Association in 2001. In 2005, she received the Elaine Monsen Research Award from the American Dietetic Association Foundation.

She is currently a member of The American Dietetic Association, the American Society for Nutrition, the American Society for Clinical Nutrition, the American Heart Association Councils on Nutrition, Metabolism and Physical Activity, Epidemiology and Prevention, and Arteriosclerosis, Thrombosis and Vascular Biology, the Society for Nutrition Education and Sigma Xi. Dr. Kris-Etherton has served on many national committees and review panels including the 2005 Dietary Guidelines for Americans Advisory Committee, the National Academy of Sciences Panel on Macronutrients, the American Heart Association Nutrition Committee, NIH's Nutrition Study Section, the National Cholesterol Education Program Second Adult Treatment Panel, the ASCN/AIN Task Force on Trans Fatty Acids, and WomenHeart. She has held numerous editorial board appointments, including journals such as Lipids, Current Atherosclerosis Reports, the American Journal of Clinical Nutrition, the Journal of the American Dietetic Association, the Journal of Nutrition Education and the International Journal of Sports Nutrition.